

# Metacognition

**Return to school equipped to lead the development of metacognition, including a plan of action and a wealth of resources to aid implementation.**



Grounded in high quality research, participants will extend their knowledge and understanding of this exciting field of psychology. The course particularly focuses on how metacognition can be used to improve outcomes for disadvantaged pupils.

The EEF rates metacognition as the highest impact strategy for closing the attainment gap, reporting that pupils can make 7+ months of progress. The course will help to show you how.

Covered during the day are a number of themes:

- understanding the role metacognition plays in pupil progress and how pupils can become more effective and efficient learners;
- increasing teacher understanding of how to develop metacognition in the classroom - a range of habits and approaches every teacher can employ;
- using metacognition to enable pupils to become more independent;
- the role of the leader in setting out a programme for development;
- effective mechanisms for metacognition CPD.

This course supports leaders to create learners who are: highly reflective and capable of taking charge of their own learning; engage in self-monitoring and self-correcting; and can articulate their learning.

Equip pupils with the capacity to be better learners and achieve higher outcomes.

The modular format makes implementation manageable, while the wide range of resources provides everything participants need to get started with confidence.



“Useful resources and excellent activities that I have been able to use in twilight training sessions in school.”

“Really enjoyed the training. Vicky is a generous and engaging course leader.”

“Really practical resources. Lots of activities to take back for immediate and long-term action.”

“The whole course was outstanding.”

“Lots of ideas to develop metacognition across the school.”



*“I credit much of my academic success to developing metacognitive skills—but I gained them by chance, not design. I was lucky. Our pupils shouldn’t have to rely on luck. It matters deeply to me that every learner is equipped with the metacognitive tools they need to succeed.”*

Vicky Crane  
Consultant and Trainer

Prices (exc.VAT)  
First delegate £220  
Second & subsequent delegates  
from the same school £150

9.15am-4.00pm

Monday 3rd November 2025

Weetwood Hall, Headingley,  
Leeds

Includes lunch and refreshments

Participants gain access to  
supporting online resources.

In-school options also available.